

Understanding Your Day Habilitation Support Plan



Every person receiving services in the Day Habilitation Program will have a Day Habilitation Support Plan outlining the services and supports one will receive.

This plan is very individualized and specific to YOUR needs. It is a confidential document that your staff will read so they know how to best work with you.



Your services are designed to meet the regulatory requirements of MassHealth, the insurance agency that reimburses LifeLinks for your Day Habilitation Services. MassHealth requires that Day Habilitation Services provide:

1. Nursing Services and Health Care Supervision provided by licensed nurses.



Nursing services may include administration of medications and treatments as prescribed by your physician during the time you are in program, coordination of your DHSP with your other health care professionals, monitoring your health status and reporting changes in your medical condition to your physician when necessary. The Nursing Manager, a Registered Nurse, is responsible for oversight of your care and services when you are in the Day Habilitation Program.

2. Developmental Skills Training in the following areas:



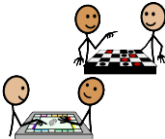
Self-Help Skills



Sensorimotor Skills



Communication Skills



Social Skills



Independent Living Skills



Affective Development



Behavior Development

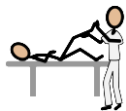
3. Clinical Assessment provided by the following licensed, professional clinicians:



Speech/Language Therapist



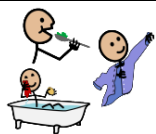
Occupational Therapist



Physical Therapist



Behaviorist



4. Activities of Daily Living (ADL) assistance as you need it provided by staff.



5. Service Management which provides oversight for the implementation of your DHSP by your staff. Your Program Manager provides this oversight and is your primary contact regarding your services at LifeLinks.

Service and program design is also based on best practices in the field of developmental disabilities and human services. LifeLinks obtains suggestions and feedback from you, your family, your DDS Service Coordinator and other stakeholders. This information is utilized by the agency to improve services and/or make changes to service delivery that will allow for better outcomes for all individuals receiving services.

Your team:



Your team is comprised of you, your family and/or guardian(s), your DDS Service Coordinator (if applicable), your residential provider (if applicable), and members of your staff at LifeLinks including your Program Manager and Clinical Coordinator. You may have other members on your team as you desire and should communicate your preferences to your Program Manager.

Your LifeLinks team is referred to as the Interdisciplinary Team and is comprised of the clinician's who have made the recommendations in your DHSP. They will routinely review and monitor your progress and recommend changes if needed.

Your team will meet at least one time per year to review your DHSP. This review will include your medical condition and nursing needs, clinical supports, and the goals and objectives you are working on in program. You and your team will review your progress and give input into your services. You, or anyone on your team may request and schedule a team meeting at other times as needed.

**Understanding
What Your
DHSP Says**



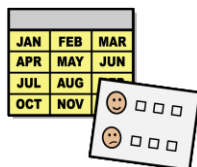
The Day Habilitation Program staff have spent considerable time revising the DHSP document to be more easily understood. Because many of the individuals in the Day Habilitation Program utilize alternative ways to communicate, the plan document has been developed in a pictorial format. In addition, for those individuals who utilize sign language or are primarily Spanish-speaking, your Program Manager will help you to request interpreter services with DDS Service Coordinator if needed.

**Review and
Approval of
your DHSP**



If you and/or your legal guardian are in agreement to the services and supports outlined in your DHSP, you will sign a review and approval form to indicate your consent to receive day habilitation services. Your consent to participate can be revoked at any time by providing written notification to your Program Manager.

**Review of
Progress**



Your Program Manager will review the data sheets at the end of each month to monitor the progress you are making on your goals and objectives. That data will be summarized and reviewed on a quarterly basis by your Interdisciplinary Team.

You should communicate any issues or concerns you have regarding your DHSP to your Program Manager. If you are not satisfied with your progress and/or your support needs change, the Interdisciplinary Team will re-evaluate and recommend needed changes to your plan. If this occurs, your DHSP team will meet to discuss the changes.